

**WELLNESS CENTER  
COUNSELING INTAKE FORM**

Today's date: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Gender: \_\_\_\_\_

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Ethnicity: \_\_\_\_\_ Education Level: \_\_\_\_\_ Major: \_\_\_\_\_

Campus address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (h): \_\_\_\_\_ (email): \_\_\_\_\_ (cell): \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to you: \_\_\_\_\_ Referred by: \_\_\_\_\_

Do you work: \_\_\_\_\_ Where: \_\_\_\_\_ Position: \_\_\_\_\_

**Counseling History**

Have you had previous counseling: \_\_\_\_\_ Dates: \_\_\_\_\_

Name of counselor: \_\_\_\_\_

Explain why: \_\_\_\_\_

Reason for this appointment request today: \_\_\_\_\_

List any concerns you have: \_\_\_\_\_

Are you currently taking any medications: What: \_\_\_\_\_ Why: \_\_\_\_\_

Have you ever thought about, or attempted suicide: \_\_\_\_\_

Has anyone in your family, or friends committed, or attempted suicide: \_\_\_\_\_

If yes who: \_\_\_\_\_

What are your positives: \_\_\_\_\_

**Please Complete if You Are Requesting Accommodations for Disability**

Have you read The American Disability Act and student checklist requirements located in the University Catalog, Student Handbook, or on the Kettering website: \_\_\_\_\_

What type of disability do you have: \_\_\_\_\_

Do you have current documentation to prove your disability: \_\_\_\_\_

Who is providing the documentation: \_\_\_\_\_

(ie: Physician, Therapist, Psychiatrist, Psychologist, Special Education Program at school)

What type of service and/or accommodations do you feel you will need at this time:  
\_\_\_\_\_

**Personal History**

Are you currently in a relationship: \_\_\_\_\_ Length of time: \_\_\_\_\_

Family physician \_\_\_\_\_ Name: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Date of last physician visit: \_\_\_\_\_ Reason: \_\_\_\_\_

Current or past health issues you are concerned about \_\_\_\_\_ What: \_\_\_\_\_

Hospitalizations: \_\_\_\_\_ Dates: \_\_\_\_\_ Why \_\_\_\_\_

Any death or losses significant to you: \_\_\_\_\_ Who: \_\_\_\_\_ When: \_\_\_\_\_

**Alcohol and Drug Use (Please Be Honest. This is Confidential)**

Do you drink alcohol: \_\_\_\_\_ How often: \_\_\_\_\_

	Used	Frequency
Marijuana	_____	_____
Crack	_____	_____
Cocaine	_____	_____
Tranquilizers	_____	_____
PCP	_____	_____
LSD	_____	_____
Heroin	_____	_____
Spice	_____	_____
Ecstasy	_____	_____

**Family History**

Name	Relationship	Sex	Age	Relationship Quality	Education/Occupation	Living/Deceased

Are your parents together:\_\_\_\_\_Date of divorce/separation:\_\_\_\_\_

**Military and School**

Have you served in the armed forces:\_\_\_\_\_When:\_\_\_\_\_What branch\_\_\_\_\_

Any other colleges before Kettering:\_\_\_\_\_When:\_\_\_\_\_Where:\_\_\_\_\_

**Religious Information**

Religious preference:\_\_\_\_\_How often do you attend worship:\_\_\_\_\_

**Provide any other concerns that you may have:**

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**Our Privacy Commitment to You: Your privacy is protected by law, but we are also very concerned that you feel safe in sharing your information in the counseling office. Only people who have the legal right and need may see your information. Unless you give us permission in writing we will only disclose your information for purposes of treatment, payment, business operations, or when we are required by law to do so.**

**Client Acknowledgement**

By signing below I am verifying that I have read and understood the privacy policy of Kettering University Wellness Center and the counselor’s professional disclosure statement.

Signature \_\_\_\_\_ Date \_\_\_\_\_

