



Master of Education with Specialization in

Mental Health Counseling (Puerto Rico)

- CIP code 511508 • 60 credits • 6 terms full time
- Program approved by Puerto Rico Board of Postsecondary Institutions

Program Description

Mental Health Counseling provides graduate level professional training for mental health counseling licensure, with a strong commitment to an evolving multicultural society.

In Puerto Rico — Cambridge College monitors the mental health licensing standards of both Massachusetts and Puerto Rico. The course work and field experience offered in Puerto Rico conform to Puerto Rico regulations and licensure requirements.

Learning Outcomes

Students learn and apply the principles and best practices of counseling, including various psychotherapeutic techniques for work with individuals, couples, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness. They learn to assess, diagnose and treat within the scope of the counselor's practice, and become able to utilize community resources for referrals. They learn and apply strategies for prevention and treatment of substance abuse, domestic violence, the spectrum of mental illnesses; and learn to use psychoeducational techniques aimed to prevent such disorders. They study research design and methodology. They become familiar with state regulations applicable to mental health practice and licensure.

Academic Requirements

Mental health core courses, practicum and field experience.	42
Psychology & Counseling electives	18
CCP 592 Exit Portfolio in Tevera.	non-credit
Total	60

The program provides the academic preparation for professional counseling licensure in Puerto Rico, issued by the Puerto Rico Department of Health. The program of study may not exceed 60 credits.

Field Experience

The field experience includes practicum and internship under a qualified supervisor, conforming to Puerto Rico regulations and Law 147 of 2002 for Professional Counseling.

Admission requirements: Bachelor's degree and other Education & Counseling requirements.

Program coordinator:
 Maria Mangual, Ed.D.
 maria.mangual@cambridgecollege.edu

This is a **hybrid** delivered program, with 60% of classes delivered synchronously and 40% delivered asynchronously through Canvas Learning Management System.

Courses should be taken in sequence. Term 1 courses should be completed before term 2 courses. A maximum of 4 courses may be taken each term.

Term 1

- CCP 622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners
- CCP 540 Personality & Counseling Theory
- CCP 550 Rogerian Person-Centered Therapy: Basic Counseling Skills (includes assessment of readiness for field experience)
- CCP 630 Human Development Across the Lifespan

Term 2

- CCP 615 Psychopathology
- CCP 650 Group Dynamics/Group Counseling & Human Systems
- CCP 518 Research Design & Evaluation
- CCP 639 Career Development

Term 3

- CCP 520 Field Experience I (req. CCP 550, CCP 699),
- CCP 636 Psychological Testing
- CCP 754 Perspectives in Cross-Cultural Counseling
- One elective or concentration course

Term 4

- CCP 641 Field Experience II
- Two or three electives or concentration courses

Term 5

- CCP 700 Field Experience III
- Two or three elective or concentration courses

Term 6

- CCP 701 Field Experience IV or one elective (if approved substitution has been granted by program chair)
- One elective or concentration course

Elective Concentrations

The core program provides the academic preparation for mental health counseling licensure in Puerto Rico. Students may choose one or two concentrations to earn additional credentials and knowledge, but also have the option to take a blend of elective courses without completing a concentration. The entire program of study may not exceed 60 credits. See *Elective Concentrations* on page 254 for concentration courses.

- Addictions Counseling — LADC
- Trauma Studies

(All courses @ 3 credits.)