Master of Education

# **School Counseling**

- CIP code 131101 48 credits, 4 terms full-time
- Program approved by the Massachusetts Dept. of Elementary & Secondary Education for the preparation of school counselors (all levels).

# **Program Description**

School Counseling is treated as professional counseling which enhances child and adolescent students' access to high quality educational and vocational experiences and facilitates their ability to make good use of opportunities. The program emphasizes the role of the school counselor as a facilitator of educational reform, reducing barriers in the multicultural 21st century: a group worker skilled in developmental guidance, a practitioner helping students find their academic niche and aiding their academic achievement, a broker of educational and community resources, an interpreter of assessment tools, and a consultant to students, parents, and staff.

## Learning Outcomes

Students develop their professional philosophy, principles and practices for their work with students and parents, teachers and administrators. They gain and apply knowledge of research in school counseling; the psychology of learning; curriculum frameworks and student testing; normal and abnormal intellectual, social, and emotional development; diagnosis and treatment of learning and behavior disorders. They learn strategies for prevention and treatment of substance abuse, physical and sexual abuse, the spectrum of mental illnesses, and violence in PreK-12 students. They gain resources and skills to effectively help students plan for postsecondary education and careers. They become familiar with relevant federal, state, and municipal laws and regulations; group counseling, leadership and consulting techniques; and school and community resources for referral.

## Careers

Licensed school counselors in public schools.

**Courses should be taken in sequence.** Please note:

school-based field work is NOT available during the summer term. Term 1 courses must be completed before term 2 courses. A maximum of 4 courses can be taken each term.

### Term 1

CCP 622	Ethics & Professional Issues for School Counselors & Mental Health Practitioners
CCP 540	Personality & Counseling Theory
CCP 550	Rogerian Person-Centered Therapy: Basic Counseling Skills (includes assessment of readiness for field experience)
CCP 630	Human Development Across the Lifespan
Term 2	Psychopathology

CCP 615	Psychopathology
CCP 518	Research Design & Evaluation
CCP 639	Career Development
CCP 650	Group Dynamics/Group Counseling & Human Systems

### **School Counseling Internship Prerequisites**

- School Counseling Internship approval form signed by program chair.
- Complete and pass all term 1 & 2 courses.

### Term 3

CCP 672	Counseling Adolescents Transitioning to Adulthood		
CCP 698	Pre-Practicum Readiness Seminar for School Adjustment and School Counseling (0 credits)		
CSG 792	School Counseling Internship		
	Fieldwork & Seminar I Fall only		
for <b>PreK</b>	-8: register for CSG 792E		
for <b>5-12:</b>	register for CSG 792 <b>S</b>		
CCP 638	Group Work with Children & Adolescents		
CSG 695	Counseling & Consulting Techniques Lab		
Term 4			
CSG 616	Counseling in the Schools		

030 010	Courseiing in ti	
CCP 636	Psychological T	esting
CCP 754	Perspectives in	Cross-Cultural Counseling
CSG 793	School Counse	0
	Fieldwork & Ser	minar II Spring only
for <b>PreK</b>	-8: register for	CSG 793 <b>E</b>
for <b>5-12</b> :	register for	CSG 793 <b>S</b>

### Suggested electives:

CCP 561	Counseling Techniques with Multi-Problem Families in
	Changing Communities

- CCP 715 Multicultural Counseling: Children, Adolescents in Context
- CCP 729 Trauma Intervention in Schools
- CCP 640 Addiction Disorders
- CCP 606 Family Treatment of Substance Abuse
- CCP 637 Neurobiology: Basics & Beyond



(All courses @ 3 credits.)





Admission requirements: Bachelor's degree and other Education & Counseling requirements.

### Required to enter program for licensure:

- Massachusetts Educator Personnel ID (MEPID) number
- 3.0 GPA at entry; maintained throughout program.

# In the term *PRIOR* to enrolling in the School Counseling field experience students are responsible for:

- Discussing options for internship with the program chair or regional site director. All school counseling field experience sites *must* be within the state of Massachusetts.
- Submitting School Counseling Field Experience Approval form to program chair, Associate Dean of Academic Advising & Field Experience, or designee.
- Successful completion of CCP 698 Pre-Practicum Readiness Seminar. This zero credit, pass/fail course taken the summer prior to beginning field experience will fulfill DESE compliance standards.

### School Counseling Internship Fieldwork & Seminar: CSG 792-793

Fieldwork is guided and evaluated in the classroom by a school counselor licensed in Massachusetts, who meets all state standards; and by a licensed Cambridge College site visiting supervisor. See program handbook.

- 2 sequential terms @ 225 hours, plus 75 hours of pre-practicum for 525 hours total in one school setting.
- Internship locations are subject to state regulations and must be approved by the program chair.
- Completed Exit Portfolio required for program completion and endorsement.

Program sequence may be modified to suit the needs of the cohort.

Program and schedule subject to change.

### Academic Director:

Kathrine Sullivan-Corbett, M.S., LMHC; kathrine.sullivan-corbett@cambridgecollege.edu